

HANSEN HIGHLIGHTS

Mar 03, 2005 ISSUE



Special Notices

Red Cross

Tricare

Safety Information

MCCS Information

Hansen Highlights Summary

Camp Hansen Chapel Schedule

East Chapel

Sunday
Catholic Mass
1030

West Chapel

Sunday
Protestant Worship
1100

Tuesday
Bible Study **1800**

HANSEN HIGHLIGHTS

- Hansen Highlights will be sent out every week unless no new information is received. If you have an event or something to pass please plan ahead and send your information to bierlybt@iiimef.usmc.mil at least 1 week in advance. If you wish to be taken off of the Hansen Highlights E-mailing distribution list, or to be added, please contact me and I will add you.

NAVY FEDERAL CREDIT UNION

Navy Federal Credit Union, Camp Hansen, offers a free Financial Management Brief. This brief includes information on short-term and long-term savings programs, credit bureau reports, and how to establish good credit. These briefs can also be tailored to meet your own needs. We will come to your unit, by appointment, by contacting us at 623-5062.

CAMP HANSEN USO

Due to the recent deployments, the USO will be temporarily closing early at night. The hours of operations is as follows:

BEFORE

SUN - THURS 0900 - 2200
FRI & SAT 0900 - 2400

NOW

SUN - THURS 0900 - 2100
FRI & SAT 0900 - 2200

The Konnect Cafe closes thirty minutes prior to closing of the center. The duty managers will use their discretion to stay open if there are many people in the center, especially on paydays.

LOST AND FOUND

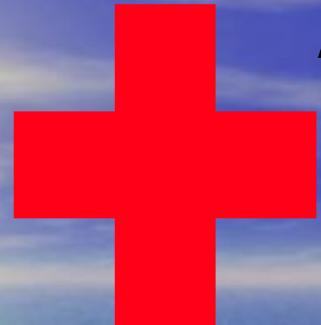
THE MILITARY POLICE ON CAMP HANSEN HAVE OBTAINED MULTIPLE ITEMS OF LOST-AND-FOUND PROPERTY THAT ARE AWAITING DISPOSAL OR DESTRUCTION. ITEMS NOT CLAIMED WITHIN 120 DAYS WILL BE PROCESSED FOR DISPOSAL. IF YOU BELIEVE THAT YOUR PROPERTY MAY BE ON THE LOST-AND-FOUND PROPERTY LIST, PLEASE CALL 623-4166.

MyPay, Marine Online, and Marine 4 Life

- You can view and print your LES, check your last pay information, make pay changes, (i.e.. ALLOTMENTS, BONDS and DIRECT DEPOSIT), and change your TAX withholdings and (TSP) Thrift Savings Plan at the following DFAS website: <https://mypay.dfas.mil/mypay.asp>
- All Marines will soon be required to have a Marine On Line (MOL) account. If you do not yet have an account, do to the following web site to set up your account: <https://www.mol.usmc.mil/System/TFAS/Login.asp>
- Do you have 180 days or less in the Marine Corps? Go to <https://www.m4l.usmc.mil/> to get great resources for your transition back to Civilian life.

Camp Facilities

- If you need to schedule any of the facilities on Camp Hansen, go down to the Camp Services office and fill out a Reservation Request. Be sure to call camp services at 623-4649/4671 to see if the time you want to reserve is available first. Units are responsible for cleaning up any mess they make. Please try to make your reservations at least two weeks in advance. The earlier you try to reserve it, the more likely it will be available.
- If you wish to use the O-course, LZ, Theater, or Chapels contact camp services at 623-4649 or 623-4134.
- All playing fields are scheduled through the Hansen house of pain at 623-4831.



American Red Cross

*Camps Courtney,
Hansen and Schwab
Together, we prepare*

FOR EMERGENCIES:

During duty hours: 622-9782/9729

After hours: 634-1979

Please call if we can assist you!

Your Red Cross Takes Action

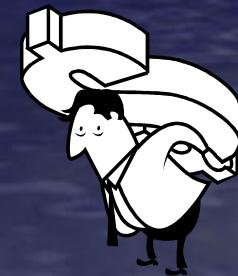
ARMED FORCES EMERGENCY

SERVICES

- ❖ Emergency message service



- ❖ Routine messages
- ❖ Assistance on deployments
- ❖ Access to financial assistance



Did You Know?

- ✓ All Emergency Messages are verified.
- ✓ All leave decisions are made by the command, *NOT* the Red Cross.
- ✓ Red Cross Messages may be initiated by anyone.
- ✓ Families back home should call their local Red Cross chapter.

What's New at the Red Cross?

Health & Safety Courses

- **CPR/First Aid (free to active duty)**
 - **Babysitter's course**
 - **Sports Safety Training**

Volunteer Opportunities

- **Dental Clinic**
- **U.S. Naval Medical Clinic**
- **Bechtel Elementary School**

Call 622-9729/9782 for more information

BECOME A RED CROSS VOLUNTEER!

WITH THE WORLD'S MOST RECOGNIZED HUMANITARIAN ORGANIZATION



VOLUNTEER
with the American Red Cross

BECOMING A RED CROSS VOLUNTEER HAS ITS ADVANTAGES:

- IMPRESS FUTURE EMPLOYERS
- GAIN CREDIT HOURS FOR FUTURE PROMOTIONS
- LEARN VALUABLE SKILLS IN PUBLIC RELATIONS, ORAL AND WRITTEN COMMUNICATIONS, OFFICE ADMINISTRATION, AND CUSTOMER SERVICE
- TEACH OTHERS HEALTH AND SAFETY SKILLS
- BUILD SELF ESTEEM BY HELPING OTHERS

IF YOU ARE INTERESTED IN BECOMING PART OF A 2 MILLION STRONG VOLUNTEER WORK FORCE, THEN CONTACT THE CAMP COURTNEY OFFICE AT 622-9729.

IF YOU ARE UNABLE TO GET INTO CONTACT WITH ANYONE THERE, CONTACT THE CAMP FOSTER OFFICE AT 645-3800/3801

Range Control Notice

PLEASE GET THE WORD OUT - The CTA perimeter road West of Range Control leading to Range 4 is closed to ALL vehicles except PMO, the contractors that are working out there, and Range Control.

Tenant unit road tests, etc., in that area are NOT authorized at this time.

We have two major construction projects taking place out that way and any additional vehicles add to the congestion of traffic and heightens the chance of accidents.

We will advise when road is open again.

Staff Academy Instructors Wanted!

THE SNCO ACADEMY CURRENTLY HAS VACANCIES FOR MARINES WHO ARE
INTERESTED IN BECOMING INSTRUCTORS. ONLY E-6 through E-8 APPLY.
POC IS MASTER SERGEANT NASH AT 623-4970.

CAMP HANSEN BILLETING

Front Desk Clerk 623-7159; Housekeeping Mgr 623-7792; CEQ Mgr 623-7340
BOQ Mgr 623-4503; SEQ Mgr 623-4098; FAX 623-4078; SNCOIC 623-7328

- Quarters NCO meeting 0900 every 1st & 3rd Monday at Hansen Billeting Office (BEQ 2340) and Billeting Reports due to Billeting Office the first working day of every month by 1300.
- Cleaning Supplies issued Tuesdays 0800-1000 at Whs 2349 - Only Quarters NCO can draw supplies.
- All Quarter NCOs need to turn in a linen inventory for their BEQ at the next Quarters NCO meeting.
- Billeting has extra mattress pads, pillows, etc., that will be distributed if you have a verified shortage.
- No need to go to Foster to get your telephone connected. Sign up for new service or relocation at the billeting office. Applications accepted 0900 - 1100 Monday thru Friday.
- Coming to Camp Hansen for Training, Exercises, or a Special Project and need a place to stay for a day, week, or month? E-mail Camphansenbilleting@iiimef.usmc.mil with the following: Dates, reason & spaces required; Unit, POC, & contact number. Please notify Billeting Office 2 weeks prior for inbound SNCOs/Officers. Include: Full name, rank, & SSN; Arrival date/tour length; Unit/camp assigned; Sponsor w/ contact number. If checking out, Please make appointments for your pre-inspection and final inspection at least 10 days prior to your departure.

ATTENTION BEQ OCCUPANTS

Are you due to PCS/rotate soon? If so, here are the proper steps you need to complete to get checked out of your room:

Pre-inspection: You must call the Camp Hansen Billeting Office to schedule a pre-inspection two (2) weeks out from your scheduled flight date. The number is 623-7340/7159. Here are some things that we look at during the pre-inspection.

1. Accountability of appliances signed for upon checking in.
2. Damage to room (if any)
3. Cleanliness

Final inspection: Final inspection will be conducted one (1) day prior to your flight date. All items that were noted on the pre-inspection that needed to be corrected must be complete at this time. Tenant must be present at time of final inspection to jointly sign with SEQ NCOIC. If the items noted in the pre-inspection checklist were not taken care of properly, you will not be cleared for final checkout with the Camp Hansen Billeting Office.

Linen: Your linen i.e. pillows, pillow cases, sheets and comforter will be left at the foot of your rack and folded neatly.

Checkout with Billeting Office: When you are cleared to check out with Billeting, you must bring your room key and turn it in to the duty clerk. We are open 24/7. Ensure that you sign the checkout book and have a desk clerk note in the system that you are no longer residing in the room that you were assigned.

Thanks, Camp Hansen Billeting

CAMP HANSEN WIVES CENTER



**Come and see what we have
in store for our Military
Wives.**

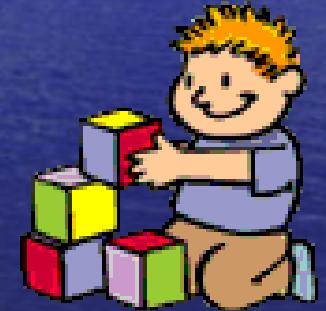
**Plans include Playgroups
with**

**Crafts for Mom, Socials to
give them a little time to
themselves and lots of new
friends.**



**P.O.C. Michelle Blankenship 622-8756 /
09097877964 cell**

Camp Hansen Wives Center Playgroup



**Every Tuesday 9:30-11:30
Bldg 2377 Camp Hansen
Ages 0-5 school days
Summer all ages
To include snack and time for mom!
P.O.C. Michelle Blankenship 622-
8756 leave msg**

TRICARE

DEERS is the Defense Enrollment Eligibility Reporting System used to track information on all active duty service members, retirees, family members, and civilian employees here on Okinawa. It is important to keep your DEERS information updated in the status of the sponsor as well as your dependents. If you have recently become married, divorced, have a new family member, or have taken on the responsibility of a parent, your DEERS information should reflect those changes. If you have recently PCSed to Okinawa have a new mailing address and phone number, again DEERS should be updated. This is important simply because if your family members are not in DEERS, if their ID cards are not current, or if your contact information is incorrect, you and your dependents are not eligible to utilize TRICARE benefits of the military treatment facilities for direct medical care.

TRICARE is the DoD managed healthcare plan for active duty, retirees, and eligible family members. DEERS is relevant to your healthcare because, TRICARE verifies eligibility of active duty, retirees, and family members through DEERS. For example, if your child is enrolled in 12 or more credit hours per semester in college, their TRICARE benefits continue until they are 23 years of age. Insuring that their ID card stay current allows them to access healthcare no matter where they are without worry. A lack of current address and phone number can prolong a request for reimbursement to be processed and may even delay their medical care.

When you welcome a new addition to your family, insure you apply for your child's social security number (SSN) as soon as possible. A family member that does not have a SSN, as in the case of a newborn, will be given a temporary ID number, which should be updated with DEERS within 90 days. New procedures implemented in April 2003 flag the record of family members with temporary ID numbers that have not updated the SSN after 90 days. The family member may then be declined eligibility for direct care and unable to seek treatment at the military treatment facilities. If the family member is a local national and does not plan on petitioning for United States residency, a FIN number will be assigned.

TRICARE

Though civilian employees are not eligible for TRICARE, they are able to receive care at the military treatment facilities on a space available basis. Again, the sponsor should update DEERS when first arriving on island, as well as with any change in status, address, or phone number to insure no interruption in medical service.

The hospital and clinic's computer system CHCS, refers to DEERS information to verify eligibility. The information in DEERS can determine if you are able to make an appointment or refill medications. Furthermore, it provides the medical professionals the information on how to contact you.

To update your address and phone number, log on to <http://tricare.osd.mil/deers>, the DEERS Website, for any other changes, updates, or questions, please contact your local DEERS office. DEERS is located at the MPD on Torii, MPF or PSD on Kadena or the IPAC/CPAC offices located at the various camps on island. Keep in mind, it is the responsibility of the sponsor to update DEERS in person so that a Form 1172 can be signed by the DEERS Office and used for verification by your TRICARE Service Center. Listing family members on the SRB does not enroll them in DEER. If the sponsor is not available, the person with Power of Attorney may update DEERS. For more information on what forms are needed by each DEERS office, please call them directly.

Military Personnel Division (MPD):

Installation Personnel Administration Center (IPAC):
Kinser: 637-1706

Torii: 644-4257 Foster: 645-4039

Military Personnel Flight (MPF):

Kadena: 634-4673

Consolidated Personnel Administration Center (CPAC):

Personnel Support Detachment (PSD): Courtney: 622-9361 Schwab: 625-2435 Hansen: 623-

MCBJ Safety Office

Northern Camps Annex
623-4053

- *Heat Injury Prevention*
- *HAZMAT / HAZCOM*
- *Safety Training Schedule*
- *Electrical Safety*
- *From The Commandant “ORM”*

**NAVY SAFETY CENTER
COMMON SENSE GUIDELINES TO AVOID HEAT RELATED
MISHAPS**

- a. PT in the cooler morning or evening hours.*
- b. Drink generous amounts of water before and during their activity.*
- c. A water/electrolyte solution is the best for fluid replacement, if not available - use plain water. Alcohol or caffeine drinks are diuretics and dehydrate the body. As such, they are not good for fluid replacement. Sweet/sugar drinks take longer to absorb.*
- d. Dilute sports drinks with plain water by 50 percent to increase water absorption rate.*
- e. Dress lightly. Sweat suits, rubber sweats, or heavy garments do not enhance conditioning and may be extremely hazardous in hot weather. Light shorts and shirt are ideal for warm weather PT. Wear light colored clothing to lower heat absorption.*
- f. Exercise in groups of two or more. The buddy system ensures more monitors in the event of heat problems.*
- g. If you feel faint or sick, stop and rest immediately.*
- h. Avoid sunburn. Sunburned skin does not sweat (a necessary body function which cools the body).*
- i. Exercise with caution and at reduced risk levels, particularly following a period of illness or lay off. You must reacclimatize yourself both to the temperature and activity.*
- j. Avoid salt tablets. Excessive salt impairs perspiration. A little shaker salt on food is OK for those who sweat excessively. Potassium loss is more involved in cramping. Replace potassium by eating more fresh fruit (juices, bananas, plums, etc.).*

FLAG CONDITIONS

You can now get a snapshot of the current heat condition 24/7 through the Web for those who have access at
<http://iiimefhqg/S-3/training.htm>

If you don't have Web access, the flag conditions can be obtained by calling the phone numbers listed below:

During working hours

Camp Services - 623-4134/4649/4671 from 0700-1700

After working hours

Camp Guard - 623-4771 from 1700-0700.

Note: this service is temporarily unavailable due to a system malfunction.

CAMP ORDER 5100.1

Subj: STANDING OPERATING PROCEDURES (SOP) FOR THE USE OF HELMETS AND FLAK JACKETS WHILE IN A TACTICAL VEHICLE

Ref: (a) III MEF DMS Message 052344Z OCT 03

1. Purpose. To amplify direction for the wearing of Kevlar helmets and flak jackets as a safety precaution while operating or riding in tactical vehicles aboard Camp Hansen.
2. Background. The reference established policy for the use of Kevlar helmets and flak jackets while operating or riding in tactical vehicles both on and off government installations.
3. Action. Effective immediately, all III MEF/MCBJ personnel will wear a helmet and flak jacket while operating or riding in a tactical vehicle aboard Camp Hansen.
4. Exception. The only exception to this order is for personnel riding in a safety vehicle supporting physical training (provided that they are wearing a three point seatbelt) or a person who requires emergency transportation for medical services and any attending personnel.
5. Applicability. This order is applicable to all tenant organizations and activities aboard Camp Hansen and to all units that transit through Camp Hansen to the training ranges.

HAZMAT / HAZCOM

Viable and operational Hazard Communication Programs continue to lead the findings during Camp Hansen Annual Safety Inspections.

A viable HAZCOM Program should consist of:

- An inventory of all hazardous chemicals within the workplace.
- Material Safety Data Sheets for each Hazardous Chemical.
- Labeling of all containers with the Chemical Name, Specific Hazards of the Chemical, and the Manufacturer.
- Documented training for all personnel on the specific hazards of each chemical.

Being proactive in hazard prevention today is better then being reactive after an incident occurs.

Excellence in Safety is Essential to Excellence in Warfighting



- **ANSWERING** our Nation's call and achieving excellence in warfighting.
- **BEING** fit and able to perform the task whenever and wherever we may be assigned.
- **PERFORMING** the mission while personally managing the risks involved.

Electrical Safety

Of the TOP TWO deficiencies noted during Facility Safety Inspections are associated with electrical utilization systems (29 CFR 1910, Subpart S).

A good electrical safety checklist should include:

- Are electrical appliances such as vacuum cleaners, polishers, water fountains, etc... grounded?
- Is the use of flexible (extension) cords kept to a minimum; and, if used, has a Work Order been submitted for permanent electrical drops to be installed?
- Are multiple plug adapters prohibited from use?
- Are exposed conductors and cords with frayed or deteriorated insulation repaired or replaced promptly.
- Are all disconnecting switches and circuit breakers labeled to indicate their use or equipment served?

For further information and service contact the Hansen
FE Det at 623-4472.

From The Commandant “ORM”

DTG: 142008Z JUL 04

MSGID/GENADMIN/CMC WASHINGTON DC/SD//

OPERATIONAL RISK MANAGEMENT (ORM) DEFINES RISK ASSESSMENT CODES BASED ON FREQUENCY AND SEVERITY OF A HAZARD; HOWEVER, MOST CLASS A MISHAPS AND FATALITIES RARELY INVOLVE ONLY ONE CAUSAL FACTOR - ESPECIALLY THE MOST PREVENTABLE ONES. THERE IS TYPICALLY A CHAIN OF EVENTS THAT INVOLVES NUMEROUS HAZARDS THAT WERE OVERLOOKED OR IGNORED.

- (1) *MAKING GOOD RISK DECISIONS IS A PART OF MATURITY. EXPERIENCE AND TRAINING CONTRIBUTE TO THIS LEARNING PROCESS AND SOME INDIVIDUALS ACHIEVE A HIGHER LEVEL OF COMPETENCE AT MAKING RISK DECISIONS THAN OTHERS.*

- (2) *WITHIN MOST PEOPLE IS A BASIC INSTINCT THAT DETECTS DANGER; HOWEVER, THERE ARE TIMES WHEN PEER PRESSURE, INCONVENIENCE, OR THE NEED TO ACCOMPLISH A MISSION TELL US TO IGNORE THAT INSTINCT.*

WE NEED TO DEVELOP OUR CAPABILITY TO RECOGNIZE RISK, AND LEARN TO TRUST OUR INSTINCTS WHEN SOMETHING TELLS US THAT WHAT WE ARE ABOUT TO DO IS UNSAFE.

- SERIOUS HAZARDS CAN BE THOUGHT OF AS FLASHING RED LIGHTS.
- IF THERE ARE MULTIPLE FLASHING RED LIGHTS, THE OVERALL RISK IS INCREASED DRAMATICALLY.
- WHEN DEALING WITH MULTIPLE HAZARDS, BREAK THE CHAIN OF EVENTS BEFORE THEY MULTIPLY.

THE PURPOSE OF ORM IS NOT TO TELL US WE CAN'T DO SOMETHING. IN CONTRAST, ORM ALLOWS US TO COMPLETE OUR TASK WITH THE LOWEST POSSIBILITY OF MISHAPS. THIS IS EQUALLY CRITICAL ON DUTY AND AFTER HOURS.

*SEMPER FIDELIS, M. W. HAGEE, GENERAL, U.S. MARINE CORPS,
COMMANDANT OF THE MARINE CORPS*

The Final Test

Taken, in part, from the American Society of Safety Engineers, we believe...

... that no man lives or works entirely alone. He is involved with all men, touched by their accomplishments, marked by their failures.

If he fails the man beside him, he fails himself, and will share the burden of that loss.

The true horror of an accident is the realization that a man has failed himself - and more - that his colleagues have failed him.

Community Services Coordinator's Office

Camp Hansen, Camp Schwab, JWTC, & Ie Shima

Bldg. 2339
7179/7794

623-

Community Services Coordinator (CSC) Mr. Stephen
L .Hatfield

E-mail: hatfields@okinawa.usmc-mccs.org

Corporal Coupon Booklets
&
Re-enlistment Coupon Booklets

- Please provide a list of those newly promoted Corporal's & re-enlistees on our Camp to the CSC Office, located in Bldg. 2339





**Donations, Donations, Donations
Our troops in Iraq are Needing the
following items:**

Note:

*****If there is something not on this list and
you would like to donate please feel free to
do so. Our men and women in uniform
would really appreciate your
contributions.*****

- Sunscreen**
- Chap stick**
- Baby wipes**
- Undergarments (male/female)**
- Deodorant**
- Reading materials**
- Green T-shirts**
- Razors**
- DVD Movies**
- Batteries (all sizes)**
- Lotion**
- Hygiene Products (male/female)**
- Hair Products (female)**
- Hair Products (male)**
- Gum/ Breathe mints**
- Hard Candies Only**
- Boot Kits (leather & suede)**

**Drop Off Point is at the Personal Services Center in
Building 2339.**

All items will be sent to Units in Iraq.



MCCS ONE SOURCE

MCCS ONE SOURCE is an information and referral system, linking marines and their family members to both military and community resources.

Some of the resources provided are topics including: childcare issues, education services, financial information and counseling, legal, elder care, health and wellness, crises support, and relocation information.

MCCS ONE SOURCE offers practical solutions, information, advice and support via telephone, E-mail, or WEB. For Okinawa, the TOLL FREE access number for on base is 99-001-800-869-02788, and for those who live off base (COLLECT) the number is 99-0051-484-530-5908 (Direct off base is not currently in service).

Camp Hansen Personal Services Center

- Upcoming Camp Hansen Workshops and Seminars:
 - **8 March (1300-1600)** - Resume Writing Workshop
 - **11 March (1300-1600)** - Interviewing Skills Workshop
 - **14 March (0800-1100)** - Money Management Workshop
 - **17 March (1130-1300)** - Basics of Investment Workshop
 - **22-25 March (0800-1600)** - TAP/TAMP Workshop
 - **28 March (1300-1600)** - Federal Gov't Application Workshop
- Upcoming Camp Hansen Special Events/Closures:
 - **24 March** - Personal Services Center Customer Appreciation Day

Camp Hansen Personal Services Center

Other Important Special Events

- **Smooth Move Workshop**
 - 0800-1200, 28 March 2005
 - Camp Foster Bldg 439, Multi-Purpose Room
 - Mandated by MCBJO 1754.1C and 1754.2B
 - Orders not required to attend! Recommend attending this mandatory workshop six to eight months prior to rotation date.
 - For reservations call 645-2104 or 645-8395

Camp Hansen Personal Services Center

Other Important Special Events

- **Command Financial Specialist Training**
 - 0800-1600, 21-25 March 2005
 - Camp Foster BLDG 439, Multi-Purpose Room
 - Class size is limited to 25
 - Must be E-6 or above, with one year remaining on current tour
 - For reservations call 623-4522/4860 or any Personal Services Center

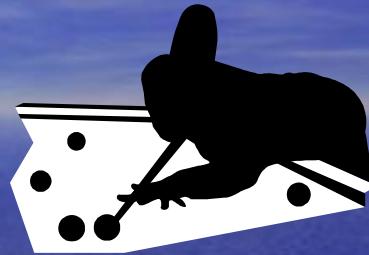


Dart Tournament

Mondays

1900

Open to All Ranks!



Pool Tournament

Thursdays

1900

Open to All Ranks!

ENTERTAINMENT

Tuesday- Country Night

Wednesday- Variety

Thursday - Karaoke

Friday - Rock

Live Rock Band- 11th and 25th

Saturday- Hip Hop and R&B

LOUNGE HOURS

Sun-Thurs 1600-Midnight

Fri-Sat 1600-0300

Dining Hours of Operation

Coconuts Cafe

Sun 0800-2200

Mon-Thurs 0700-2200

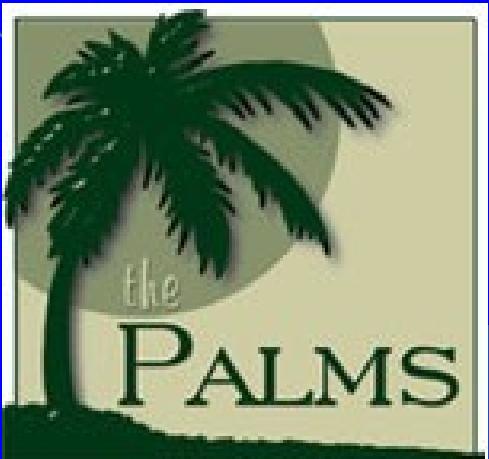
Fri 0700-Midnight

Sat 0800-Midnight

Tradewinds

Mon-Fri 1030-1330

Wed-Sun 1700-2100



Mongolian BBQ
Every Wednesday and
Sunday

1700-2100
Catfish Lunch
Buffet

Every Friday
1030-1330

*Looking to hold a unit or personal event?
Just call and our expert staff will do the work for you!
Contact Steve @ 623-4375*



UPCOMING MCCS EVENTS

MCCS website:
www.mccsokinawa.com
MCCS
Makes OKINAWA Home!
MCCS Makes OKINAWA Home!

EVENT	DATE	TIME	LOCATION	PHONE NUMBER	HIGHLIGHTS
Ashibanaa Mall Tour	3- Mar	1000 - 1600	Tours+	623-6344	Visit over seventy shops (Gucci, Reebok, Levi's, G-Shock, Benetton, Adidas, etc)
Ryukyu Mura & Central Highlights	4- Mar	0900 - 1700	Tours+	623-6344	Visit Ryukyu Mura, Zakimi Castle, Yomitan Museum, & Bolo Point.
Sub ship & Naha Main Shopping Mall	5- Mar	1030 - 1700	Tours+	623-6344	Hour-long cruise; Lunch at Fuji Hotel: & explore Naha Main Shopping Mall
Whale Watching & Naha Shopping Mall	5- Mar	0800 - 1430	Tours+	623-6344	Whale watching of the East China Sea.
Castles, Homes, & Gardens	6- Mar	0900 - 1700	Tours+	623-6344	Visit Nakagusuku Castle, Nakama House, & Southeast Botanical Gardens.
Tunnel Rats	6- Ma	0900 - 1700	Tours+	623-6344	Explore numerous caves served as bunkers/shelters during WWII.



UPCOMING MCCS EVENTS

MCCS website: www.mccsokinawa.com
MCCS
Makes OKINAWA Home!
MCCS Makes OKINAWA Home!

EVENT Band:	DATE 9-Mar	TIME 2100	LOCATION Globe & Anchor, Camp Foster	PHONE 645-2628	HIGHLIGHTS Soul, Rhythm and Blues act breaking out of the Baltimore/D.C. music scene.
Live Band: Yamama'Nym	10-Mar	2000	Kinser Surfside	645-2628	Soul, Rhythm and Blues act breaking out of the Baltimore/D.C. music scene.
Arts & Crafts Tour	10-Mar	0900- 1700	Tours+	623-6344	Come learn about local arts and crafts.
Japanese Bathhouse	11-Mar	1730 - 2200	Tours+	623-6344	Relax in a hot herbal bath at a traditional Japanese bathhouse.
Expo Park and Churaumi Aquarium	12-Mar	0900 - 1700	Tours+	623-6344	Watch a free dolphin show, visit Okinawan village, four-story aquarium (2nd largest in the world)
Hedo Point & Kongou	13-Mar	0900 - 1700	Tours+	623-6344	Hike among the amazing rock formations of a newly opened park.

SINGLE MARINE PROGRAM



- DRAGON BOAT
- IWO JIMA TRIP
- COMMUNITY SERVICE
- REC. ACTIVITIES
- REC. CENTERS
- MONTHLY CAMP MEETINGS
- EXECUTIVE COUNCIL MEETINGS
- QOL ISSUES
- HEALTH AND WELLNESS
- LIFE SKILLS
- UDP CHALLENGE
- CAMPING TRIPS
- XMAS FESTIVAL
- TUG OF WAR



www.okinawa.usmc-mccs.org

SEARCH KEYWORD: SMP

SMP CAMP HANSEN MEETINGS:
FIRST THURSDAY OF THE MONTH
0830 AT BLDG. 2860
P.O.C. – HM3 GROGG 623-4909

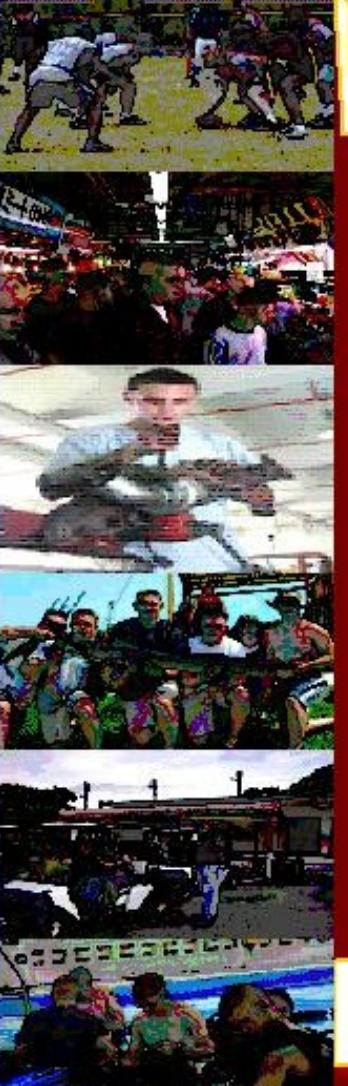


MAKING A DIFFERENCE

S.T.A.R.



- ONE WEEK OF...
- ORGANIZED TEAM SPORTS
- LOCAL HIGHLIGHTS TOURS
- RECREATIONAL ACTIVITIES
- AUTO HOBBY
- BOATING
- BOWLING
- GOLF
- SCUBA
- EDUCATION
- HEALTH AND WELLNESS
- AND MORE!



www.okinawa.usmc-mccs.org

SEARCH KEYWORD: SMP

MCCS SEMPER FI BUS "STAR" SCHEDULE

KINSER/FUTENMA/FOSTER

0700 / 0730 / 0755

SOUTHERN CAMPS

JAN 12-16

MAR 15-19

MAY 17-21

JUL 19-23

SEP 13-17

NOV CANCELED

DEC 13-17

COURTNEY/HANSEN/SCHWAB

0730 / 0700 / 0630

NORTHERN CAMPS

FEB 09-13

APR 12-16

JUN 14-18

AUG 16-20

OCT 18-22

NOV CANCELED

JAN 17-21

25 SEATS AVAILABLE PER CAMP.

DUE TO TRAFFIC OR WEATHER, ARRIVAL TIMES MAY VARY.

DSN: 645-3681

SPORTS, TOURS, AND RECREATION



Camp Commander's Cup

2004 Unit of the Quarter and Year



4th Quarter Standings

1st Qtr Winners

7th Communications

2nd Qtr Winners

3rd Med Bn & 9th ESB

3rd Qtr Winners

7th Communications